

# Interfering Food and Drugs

Please note that the food and drugs listed below may adversely affect the test results of catecholamines, vanillylmandelic acid (VMA), metanephrines and serotonin metabolite. Patients should NOT take any of these food or drugs 72 hours prior to and till the end of urine collection.

## Catecholamines

Aspirin  
Bananas (I)  
Carbon tetrachloride  
Chloral hydrate (I)  
Decaborane (D)  
Demeclocycline (I)  
Erythromycin (I)  
Ethanol (I)  
Formaldehyde (I)  
Inderal (I)  
Isoproterenol (Isuprel) (I)  
Methyldopa (Aldomet)  
Niacin (I)  
Nicotine (I)  
Nitroglycerin (I)  
Quinidine (I)  
Reserpine (I)  
Riboflavin (I)  
Syrosingopine (I)  
Tetracycline (I)  
Tosylete Bretylium (D)  
Triamterene (Dyazide & Dyrenium) (I)

## Vanillylmandelic Acid (VMA)

Anileridine (I)  
Aspirin (I)  
Dopa (D)  
Morphine(D)

## Metanephrines

Chlorpromazine (I)  
Impramine (I)  
Inderal (D)  
Meglumine (D)  
Monoamine Oxidase Inhibitors (I)  
Phenacetin (I)  
Phenothiazines (I)  
Triamterene (D)  
Triamterene (Dyazide & Dyrenium) (D)  
Vanillin (I)

## Serotonin Metabolite (5-HIAA)

Bananas, eggplant, pineapple, plums, walnuts  
Acetanilide (I)  
Glycerol guaiacolate (I)  
Methenamine (D)  
Phenothiazines (D)  
Prochlorperazine (D)  
Promethazine (D)

(I): Increase

(D): Decrease